

An aerial photograph of a mountain trail winding through dense green vegetation. Three cyclists are visible on the trail, moving away from the viewer. A large, semi-transparent green circular graphic is overlaid on the image, framing the scene. The text is centered over the image.

Outdoor Sports Institute – Online Trail Build School

Building Great Trail Experiences



INTERNATIONAL MOUNTAIN BICYCLING ASSOCIATION

IN PARTNERSHIP WITH



OSI
OUTDOOR SPORT
INSTITUTE



West Virginia University®

BRAD AND ALYS SMITH OUTDOOR ECONOMIC
DEVELOPMENT COLLABORATIVE



INTERNATIONAL MOUNTAIN BICYCLING ASSOCIATION

IMBA UNIVERSITY

- Tuesday 3/9 – Intros
- 3/9 to 3/15 - First take home (Trails Planning)
- Tuesday 3/16 – First webinar
- 3/16 to 3/22 - Second take home (Trails Construction)
- Tuesday 3/23 – Second webinar
- 3/23 to 3/29 - Third take home (Trails Design)
- Tuesday 3/30 – Last webinar



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HOUSEKEEPING

- Download Take Home PDFs – these will provide the learning material for the next webinar
- “Homework” – meant to help you learn and practice ideas, will help you prepare for the next webinar
- Webinar – interactive discussions, bring your challenges and questions



HOUSEKEEPING

- Slack – download it, we can communicate outside webinars with questions, discussions, etc.
- *We will run a trail during this first webinar.*
- Google Earth – download the desktop application, not mobile or online.
- *We will run a trail during this first webinar.*

A photograph of two mountain bikers on a rocky trail. The biker in the foreground is wearing a red and grey long-sleeved shirt, black shorts, and a black helmet, riding a green mountain bike. The biker in the background is wearing a red shirt, black shorts, and a black helmet, riding a black mountain bike. The trail is composed of large, wet, grey rocks and is surrounded by lush green moss and small plants. The background shows a dense forest with tall trees.

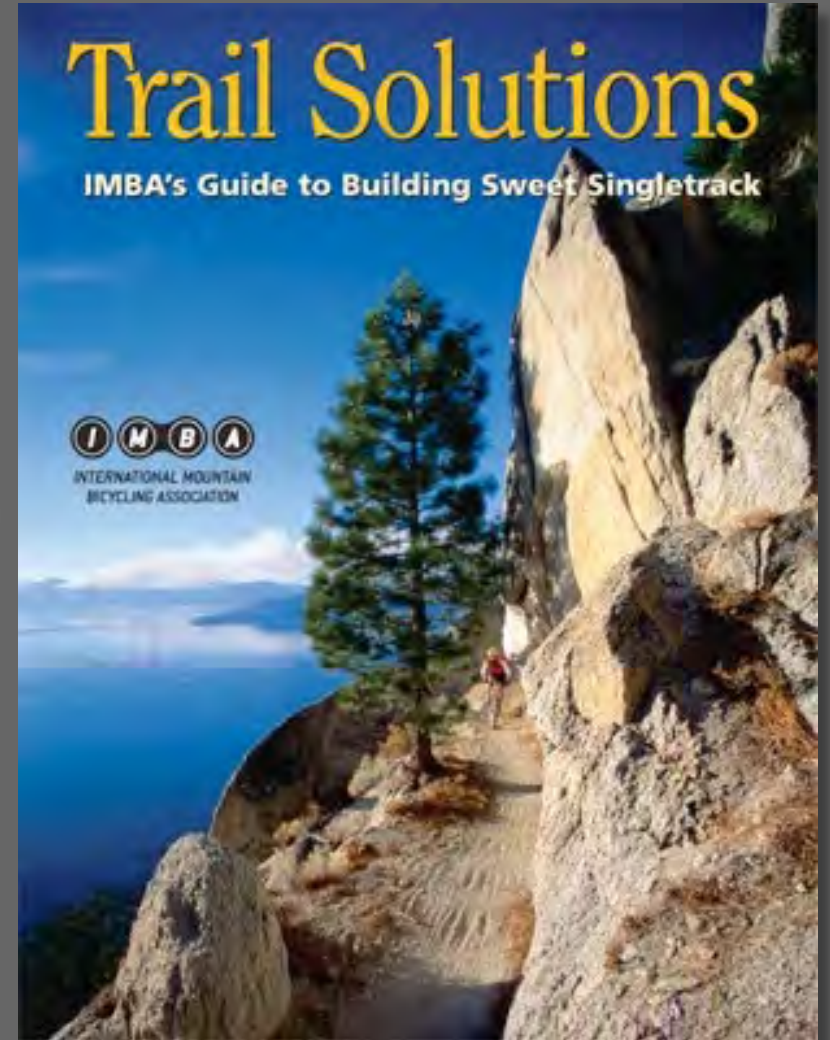
THE INTERNATIONAL MOUNTAIN BICYCLING ASSOCIATION

*IMBA's mission is to create, enhance and protect
great places to ride mountain bikes.*

Sandy Ridge Trail System
Sandy, Oregon



Providing professional trail services including: Planning, Design, Construction, and Education



Rich Edwards, Outdoor Recreation
Infrastructure Coordinator
Richard.Edwards@mail.wvu.edu



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INTERNATIONAL MOUNTAIN BICYCLING ASSOCIATION



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Mike Smith, Executive Director
Outdoor Sports Institute
Mike@outdoorsi.org



WHY TRAILS?

To allow the public to experience and appreciate our public lands, while minimizing the public's impact on the landscape.

By creating a positive recreation experience, trails can help bonds the visitor with the land.



WHY TRAILS?

Outdoor Recreation is BIG Business



<https://outdoorindustry.org/advocacy>

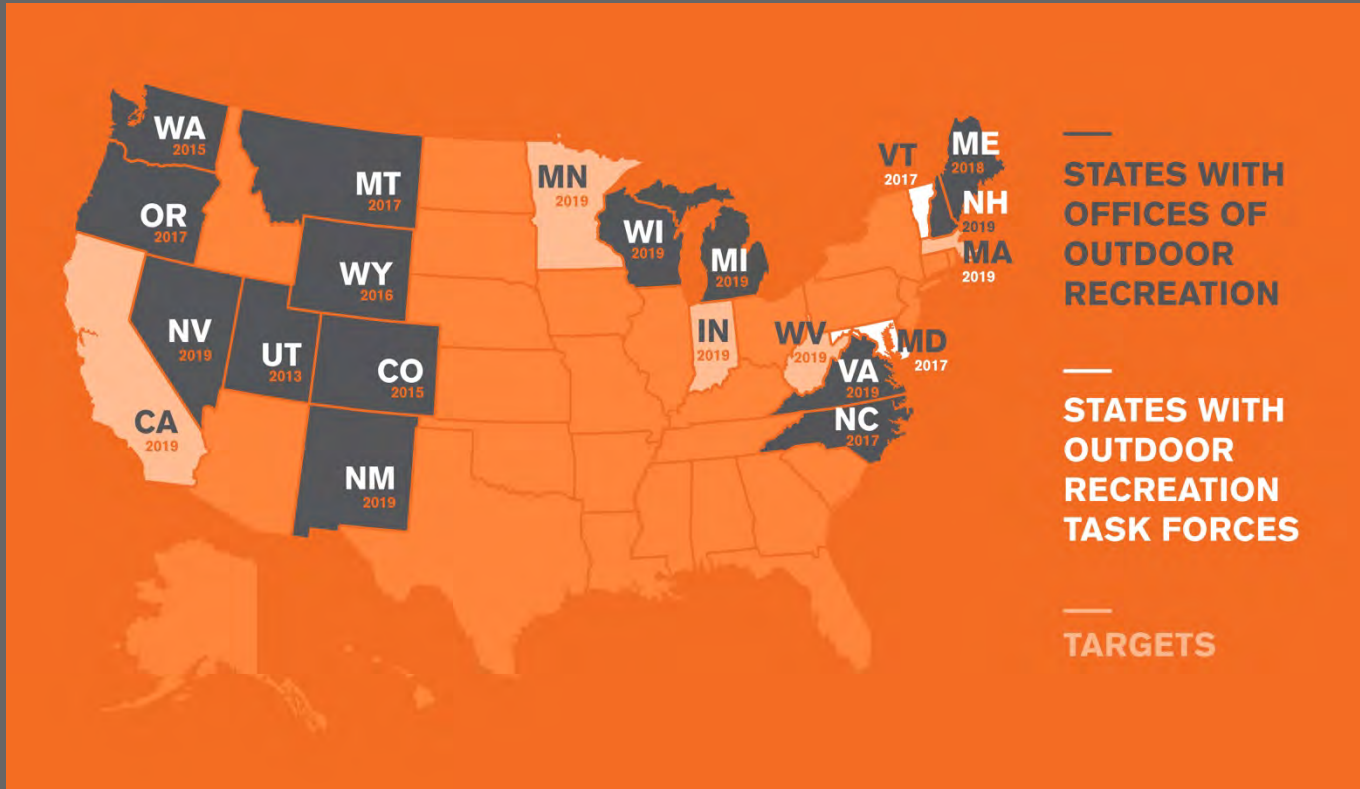
**THE
OUTDOOR
RECREATION
ECONOMY
GENERATES:**

- \$887 BILLION** 
IN CONSUMER SPENDING ANNUALLY
- 7.6 MILLION** 
AMERICAN JOBS
- \$65.3 BILLION** 
IN FEDERAL TAX REVENUE
- \$59.2 BILLION** 
IN STATE AND LOCAL TAX REVENUE



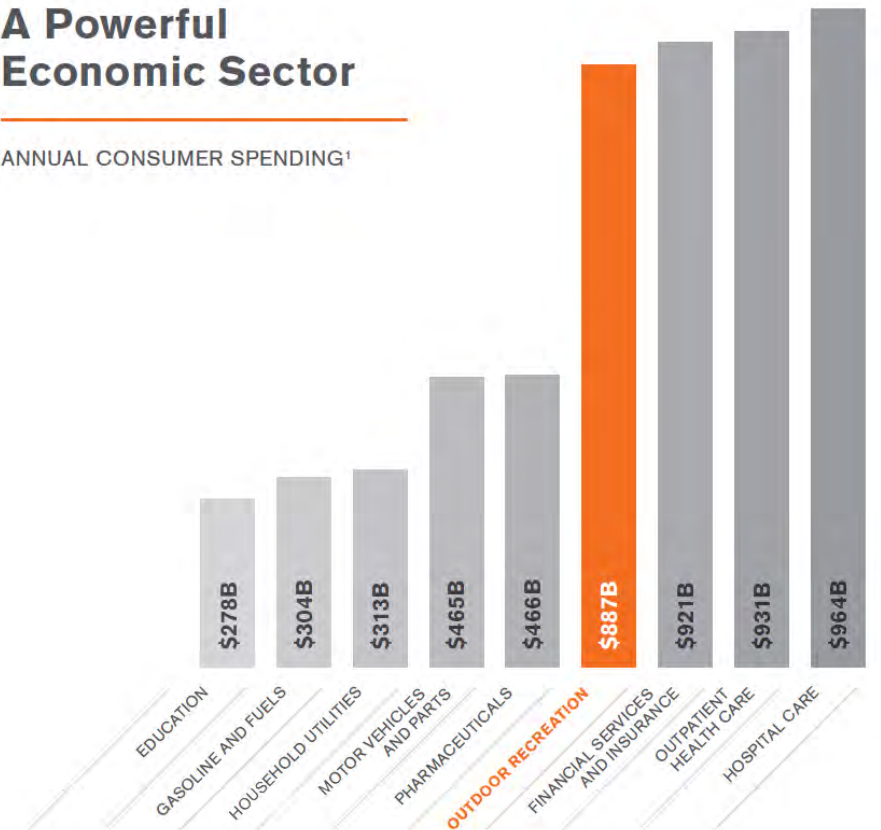
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WHY TRAILS?



A Powerful Economic Sector

ANNUAL CONSUMER SPENDING¹

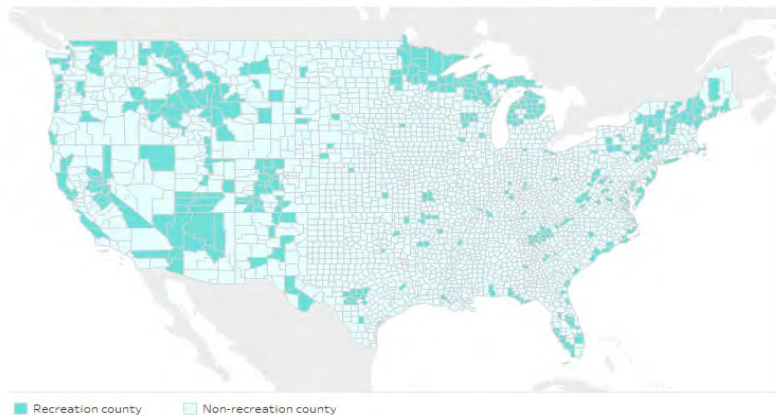


¹ Bureau of Economic Analysis, Personal Consumption Expenditures by Type of Product



WHY TRAILS?

Recreation Counties, as classified by the USDA Economic Research Service



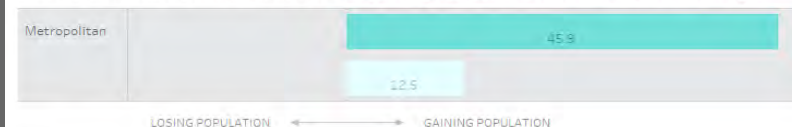
Recreation Counties Have Higher Net Migration Rates Since 2010



In non-metro areas, recreation counties are growing while non-recreation counties are losing residents on average.



In metro areas, recreation counties are gaining residents at a faster pace on average.



Recreation Counties Have Faster Growth in Earnings per Job Since 2010



In non-metro areas, recreation counties are experiencing faster growth in earnings per job on average.



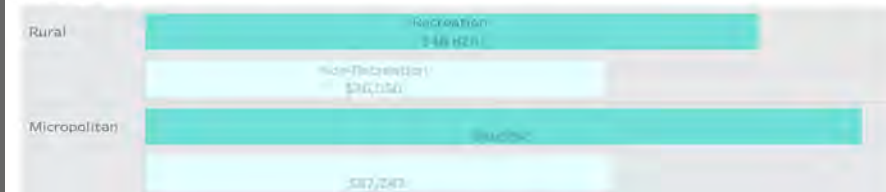
In metro areas, there is not a meaningful difference in growth of average earnings between recreation and non-recreation counties.



Recreation Counties Have Higher Household Income Among Newcomers Since 2010



In non-metro areas, recreation counties have higher income levels among newcomers on average.



In metro areas, newcomers to recreation counties also have higher income levels than newcomers to non-recreation counties on average.



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WHY TRAILS?

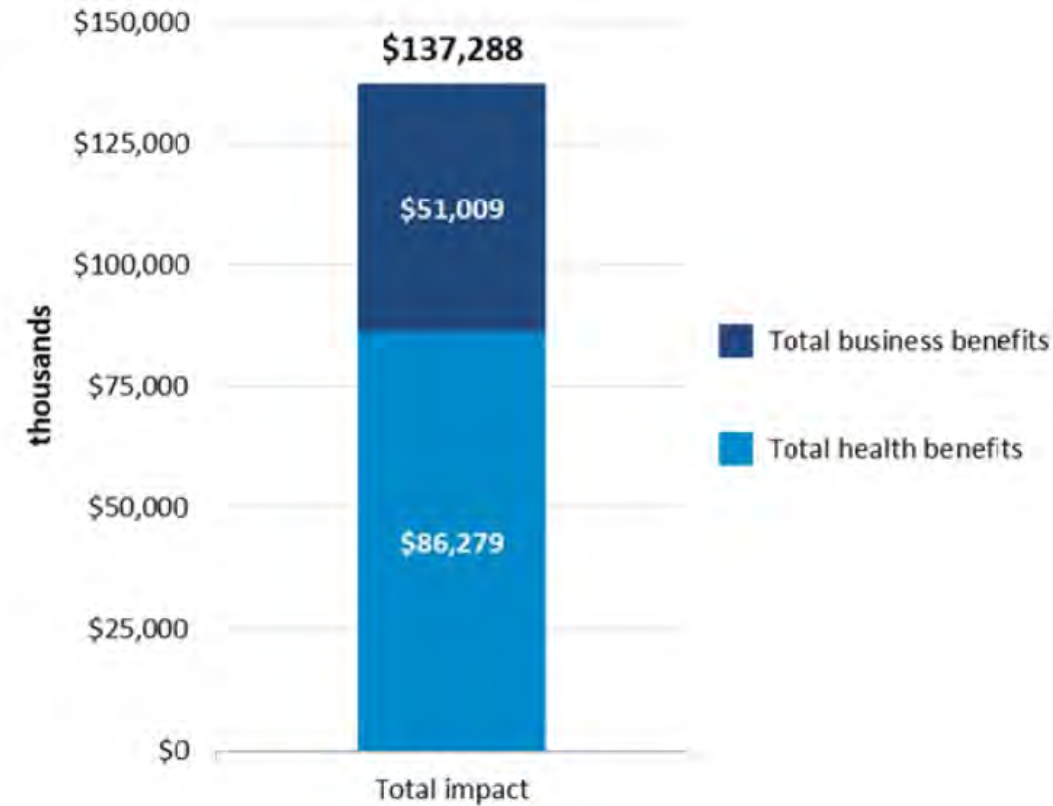
Great trails create great communities!

Health benefits, including reduced health spending

More children outside, engaged in nature

Figure 1.
Total benefits of bicycling in Northwest Arkansas

Source:
BBC Research & Consulting Economic Benefits Model 2017.



WHAT IS A "HIGH QUALITY TRAIL EXPERIENCE"?

A high quality trail experience is difficult to define but easy to recognize.

In the context of recreation trails, especially mountain bike trails, this is realized when a trail design merges the desired outcomes and difficulty that a rider seeks with the setting in which the outcomes are realized. These variables ultimately equate to an overall level of sustainability that protects resources while simultaneously providing a trail user with the outcomes they seek.



WHY HIGH QUALITY TRAILS?

Improved long-term cost-effectiveness

Better visitor management tool

Transform communities and spaces

Ensure positive outdoor recreation experiences

Maximize potential economic benefits



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WHY ARE YOU HERE?

Who you are?

Where do you live?

Why are you here?

What role do you play in the trails world?

What do you want to learn?

What is your favorite trail flavor (all of them is not an answer)?

What is your favorite trail?



DOES THIS LOOK FUN TO YOU?



HOW ABOUT THIS?



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THIS ONE?



FUN?



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WHAT IS A SUSTAINABLE TRAIL?

A photograph of two mountain bikers on a dirt trail. The lead biker is wearing a green jersey and a white helmet, leaning into a turn. The second biker is wearing a red jersey and a black helmet, also leaning into the turn. The trail is surrounded by tall grass and trees, with a large log lying across the path.

1. **Environmental Sustainability** — Will the trail provide for resource protection? This is the definition that is commonly used when referring to what does or does not provide for a sustainable trail.

2. **Social Sustainability** — This is frequently overlooked in the trail development process. Evidence of the failure to meet desired user outcomes (experiences and associated benefits) are everywhere: overcrowded trails, trails with little use, trail users who feel “pushed out” by other users, and unauthorized routes.

3. **Economic Sustainability** — Can the land manager and the community bear the long-term costs of maintaining a trail? If it provides a valuable experience, it is likely worth the investment, but it must be weighed against shrinking maintenance budgets.

WHY A SUSTAINABLE TRAIL?

A sustainable trail allows visitors to enjoy a natural area with minimal impact to the ecosystem and continues to meet the management objectives.

- Protects resources.
- Allows visitors to achieve their recreation goals.
- Minimizes maintenance requirements.
- Minimizes conflict between visitors.
- Increases the capacity of the land for enjoyment with minimal negative impacts



CONSEQUENCES

Increased conflicts

Increased maintenance costs

Poor visitor experiences

Increased liability

Resource damage

Traditional activity-based outdoor recreation management evolved to **outcomes-focused management:**

“...an approach to recreation management that centers on the positive outcomes gained from engaging in recreational experiences.”



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Trail Project Development Life Cycle

Feasibility Study

- Market & Demand Analysis
- Project Area Recon
- SWOT Assessment

Concept Plan

- Terrain Analysis - Development Zones
- Experience Objectives - Connectivity
- Key Control Points (positive and negative)

Master Plan

- Trail Corridors - Trail Specifications
- Phasing Plan - Construction Approach
- Cost Opinion - Permitting Requirements

Contracting

- RFP Development and Advertising
- Statement of Qualifications - Bids
- Proposal Evaluations - Award - Signed Contracts

Design Development

- Detailed Trail Alignments - Trail Segment Definitions
- Feature Locations/ID

Construction Documents

- Permitting - Engineering - Site Layout
- Erosion Control Measures

Construction

- Mobilization - Building - Flow Checking
- Project Management - Quality Control
- SWPPP Monitoring - Final Inspection

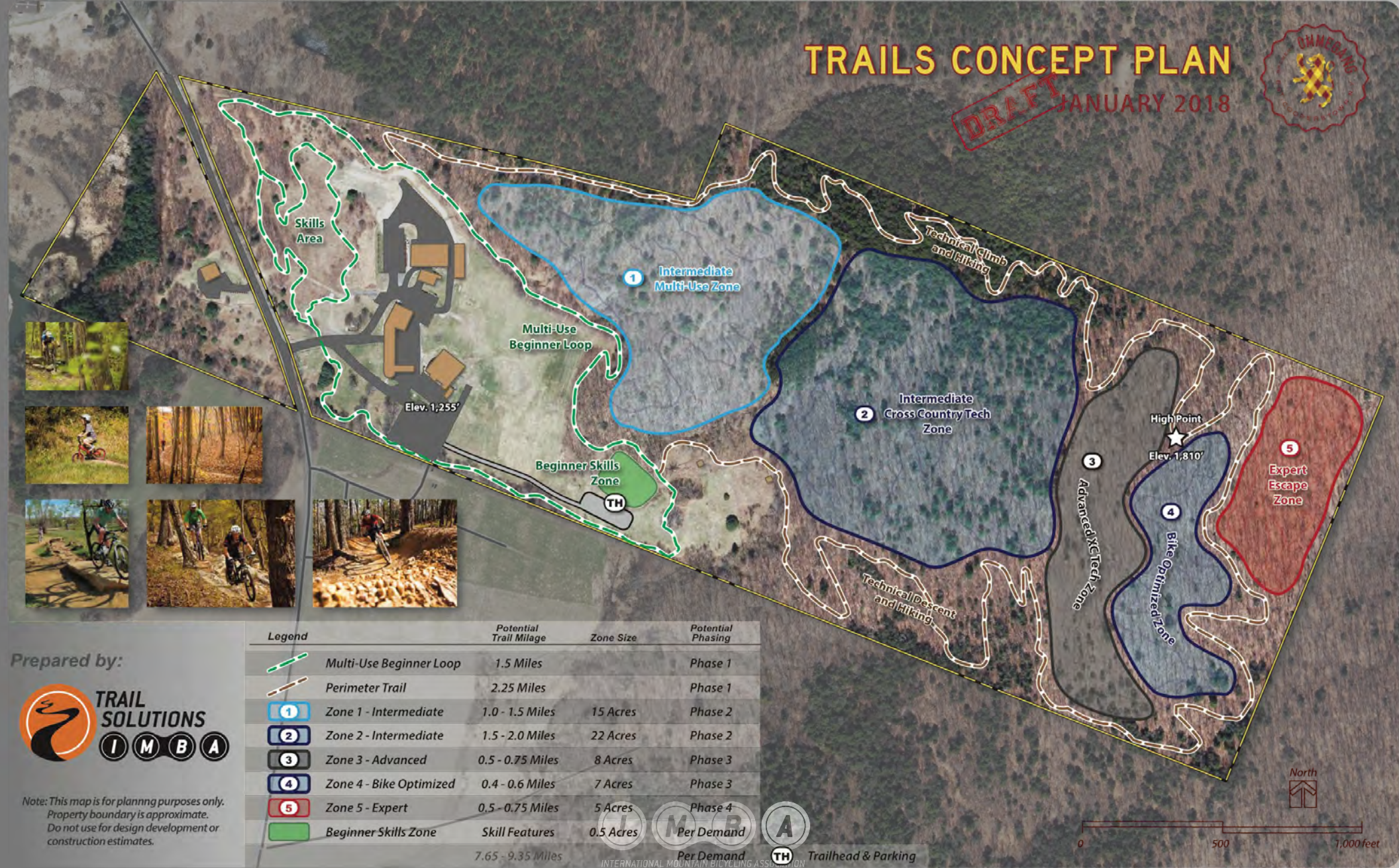
Post Build

- Management - Maintenance
- Assessment - Reporting



TRAILS CONCEPT PLAN

DRAFT JANUARY 2018

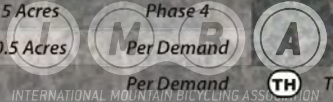


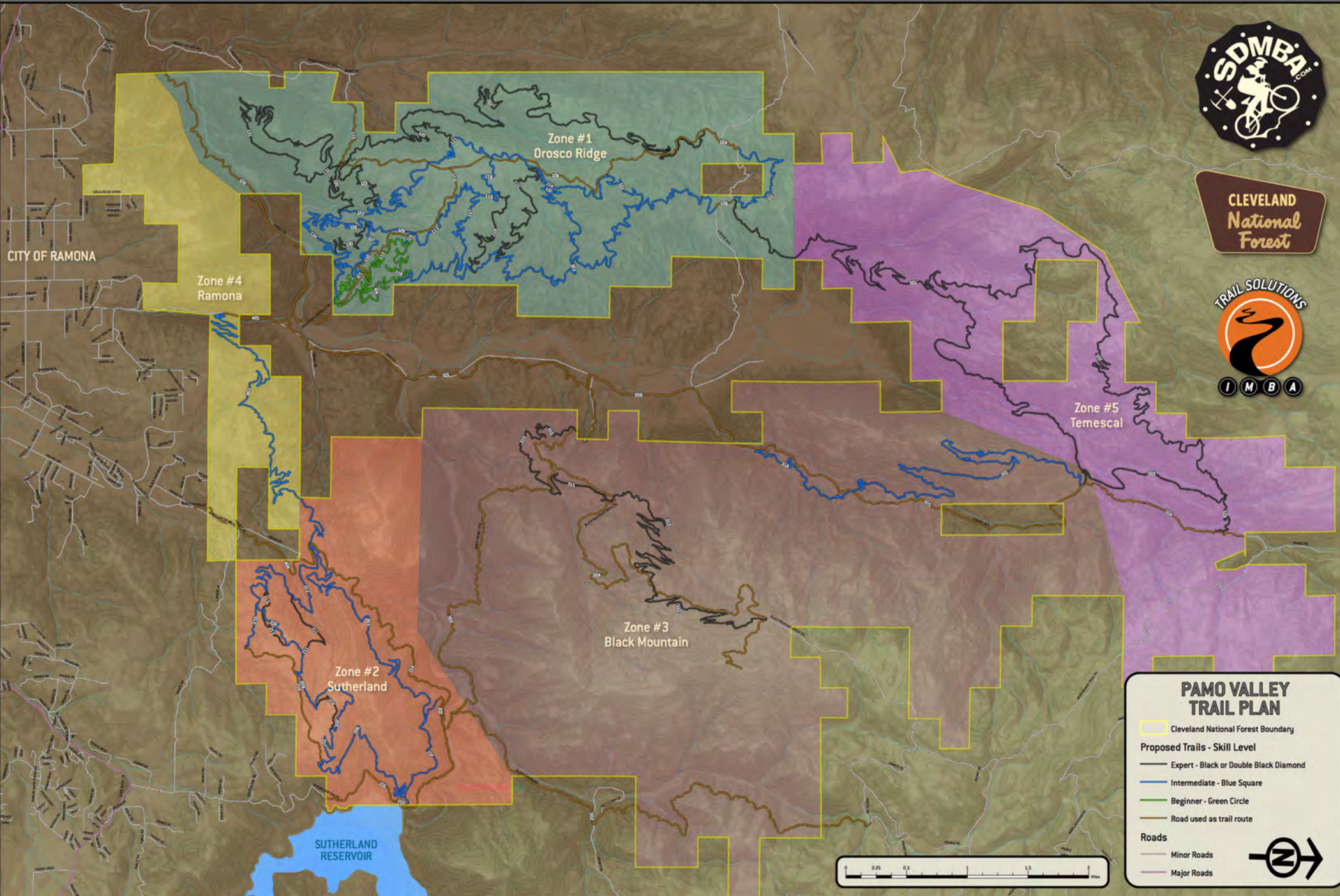
Prepared by:



Note: This map is for planning purposes only. Property boundary is approximate. Do not use for design development or construction estimates.

Legend	Potential Trail Mileage	Zone Size	Potential Phasing
Multi-Use Beginner Loop	1.5 Miles		Phase 1
Perimeter Trail	2.25 Miles		Phase 1
Zone 1 - Intermediate	1.0 - 1.5 Miles	15 Acres	Phase 2
Zone 2 - Intermediate	1.5 - 2.0 Miles	22 Acres	Phase 2
Zone 3 - Advanced	0.5 - 0.75 Miles	8 Acres	Phase 3
Zone 4 - Bike Optimized	0.4 - 0.6 Miles	7 Acres	Phase 3
Zone 5 - Expert	0.5 - 0.75 Miles	5 Acres	Phase 4
Beginner Skills Zone	Skill Features	0.5 Acres	Per Demand
Trailhead & Parking			Per Demand
	7.65 - 9.35 Miles		





PAMO VALLEY TRAIL PLAN

- Cleveland National Forest Boundary
- Proposed Trails - Skill Level
 - Expert - Black or Double Black Diamond
 - Intermediate - Blue Square
 - Beginner - Green Circle
 - Road used as trail route
- Roads
 - Minor Roads
 - Major Roads





TEMP. PARKING

↑
Doubtll

12 miles
← Pink/Orange 13 (P) Pink/Orange 12 (E)

↓
Road

Trail Specifications Duluth Traverse Trail System

Version: 1.2 (130220)

Label	Working title	Difficulty Rating	Symbol ²	Use	Directional	Feature Frequency ²	Constructed Tread Width ^{2,4}	Ave Trail Grade per 1000' ³	Max Trail Grade: climbing ³	Max Trail Grade: descending ⁴	Min Turn Radius	Max Turned Grade ²	Max Berm/Turn Camber ³	Corridor Width (4' above tread)	Corridor Height Minimum	Exposure (without railing)	Unavoidable Obstacles	Avoidable Obstacles (over 50% of tread or less)	Rollable Feature Height (jumps, berms, etc.)	Roughness (surface texture) ⁵	Tread and trail features	Notes
Spec 1	Green Singletrack (Traditional shared-use singletrack)	Easier	Green Circle	bike, foot	Two-Way	Low	48"	5%	20%	20%	10'	10%	15%	48"-72"	10-12'	less than 18"	less than 2"	less than 6"	9"	low	Firm trail surface. May include rock armored section.	
Spec 2	Blue Singletrack (Traditional bike-optimized singletrack)	More Difficult	Blue Square	bike, foot	Two-Way	Medium	36"	7%	25%	50% (armored over 25%)	8'	15%	30%	36"-72"	8-12'	less than 48"	less than 8"	less than 24"	24"	med	Modest rough tread is expected. May include steps and terraces.	May include features similar to those on easier "Bump and Pump" or "Jump" trails.
Spec 3	Black Singletrack (Traditional technical singletrack)	Most Difficult	Black Diamond	bike, foot	Preferred	High	18"	10%	50% (armored over 25%)	100% (armored over 25%)	6'	15%	50%	36"-48"	8-12'	no limit	less than 18"	less than 48"	18"	high, some very high	Significant unavoidable obstacles are expected. May include steps, stairs, rock gardens, loose rock, and significantly	Seek out rocky ridges. Selective machine work to create very organic appearing rock strewn tread. Most rock and tread work is aimed at sustainability rather than ease of passage. Trails like
Spec 4	Green Bump Pump	Easier	Green Circle	bike, foot	Preferred	High	48"	3-5%	20%	30% (armor as function of flow)	15'	10%	30%	48-72"	8-10'	less than 36"	less than 2"	less than 6"	12"	low	Firm trail surface. Rollers and berms. May include rock surfaced sections.	
Spec 5	Blue Bump Pump	More Difficult	Blue Square	bike, foot	Preferred	High	36"	7-10%	30%	100% (armor as function of flow)	10'	15%	50%	36"-72"	10"-12"	less than 60"	less than 2"	less than 24"	24"	low	Firm trail surface. Rollers, roller doubles, berms predominate. May include significant armored sections.	Demonstration trail at Spirit Mtn is an example of the upper end of this spectrum.
Spec 6	Black Bump Pump	Most Difficult	Black Diamond	bike	One-Way	High	36"	10-12%	n/a	150% (armor as function of flow)	7'	25%	150%	36"-72"	10"-12"	less than 120"	less than 8"	less than 48"	36"	med	Firm trail surface. Rollers, roller doubles, berms predominate. May also include steps, stairs, rock gardens and exposed	
Spec 7	Green Jump	Easier	Green Circle	bike	One-Way	Medium	48"+	3-5%	n/a	30% (armor as function of flow)	20'	10%	150%	48-72"	10-12'	less than 36"	less than 2"	less than 6"	18"	low	Smooth continuously cambered trail surface. Easily rollable jumps.	A green jump trail could fit within a stacked-loop system. Blue and Black are likely best done at a resort.
Spec 8	Blue Jump	More Difficult	Orange Pill, medium	bike	One-Way	Low	48"+	7-10%	n/a	100% (armor as function of flow)	15'	15%	∞%	48-72"	12"-15'	less than 60"	less than 2"	less than 24"	30"	low	Smooth continuously cambered trail surface. May include significant armored sections. More complex jump	Complete berms, plan on extreme drainage solutions - sumps + culverts.
Spec 9	Black Jump	Most Difficult	Orange Pill, large	bike	One-Way	Low	48"+	10-12%	n/a	150% (armor as function of flow)	15'	25%	∞%	48-72"	12"-15'	less than 120"	less than 8"	less than 48"	48"	med	Firm trail surface. May include rock surfaced sections. Some jumps may not be rollable.	Complete berms, plan on extreme drainage solutions - sumps + culverts.
Spec 10	Green Gravity	Easier	Orange Pill, small	bike	One-way	Medium	48"	7-10%	n/a	100% (armor as function of flow)	20'	15%	150%	48-72"	12'	less than 36"	less than 18"	less than 24"	18"	high	Entry level downhill course. Will include rocks, steps, and terraces. Drops will be rollable.	For all DH types, potentially only at Spirit Mtn.
Spec 11	Blue Gravity	More Difficult	Orange Pill, medium	bike	One-way	Medium	36"	10-15%	n/a	∞% (mandatory drops)	15'	25%	∞%	36"-72"	12'	less than 60"	less than 48"	n/a	30"	very high	Intermediate level downhill course. Mandatory drops. Will include significant steps, stairs, rock gardens and exposed	
Spec 12	Black Gravity	Most Difficult	Orange Pill, large	bike	One-way	High	24"	15-20%	n/a	∞% (mandatory drops)	15'	25%	∞%	36"-72"	12'	less than 120"	less than 72"	n/a	48"	very high	Advanced level downhill course. Significant mandatory drops. Will include extreme terrain that has a high penalty for failure.	
Spec 13	Gateway trail	Easiest	Green Circle	bike, foot, horse	Two-Way	low	48"+	3-5%	10%	15%	12'	10%	10%	10-12'								Very front-country, likely connected to a recreation park. Typically under a mile.
Spec 14	Accessible trail	Easiest		bike, foot, horse	Two-Way	none																AASHTO spec trail:







mike started a conversation with you in Slack

To be a part of the conversation, join mike@outdoorsi.org and the rest of the **Online IMBA Trail School** team on **Slack**.

[Join the Conversation](#)

What is Slack?

Slack is a messaging app for teams, a place you can collaborate on projects and organize conversations — so you can work together, no matter where you are. [Learn more about Slack](#)

Made by [Slack Technologies, Inc](#)
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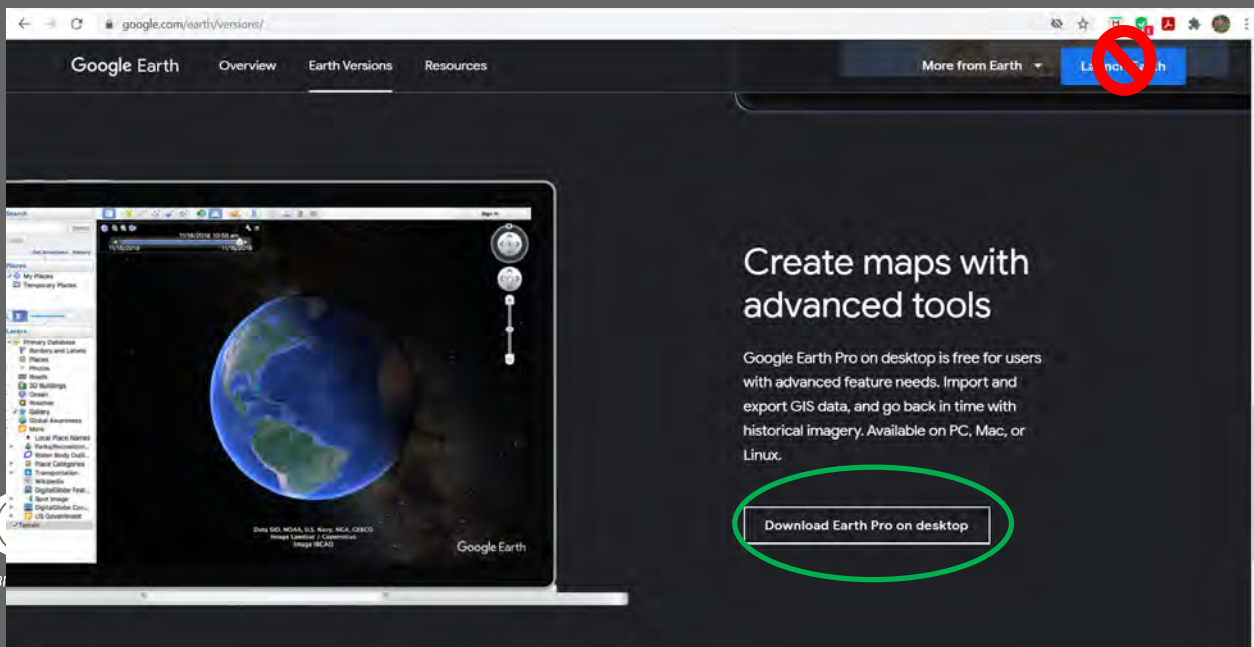
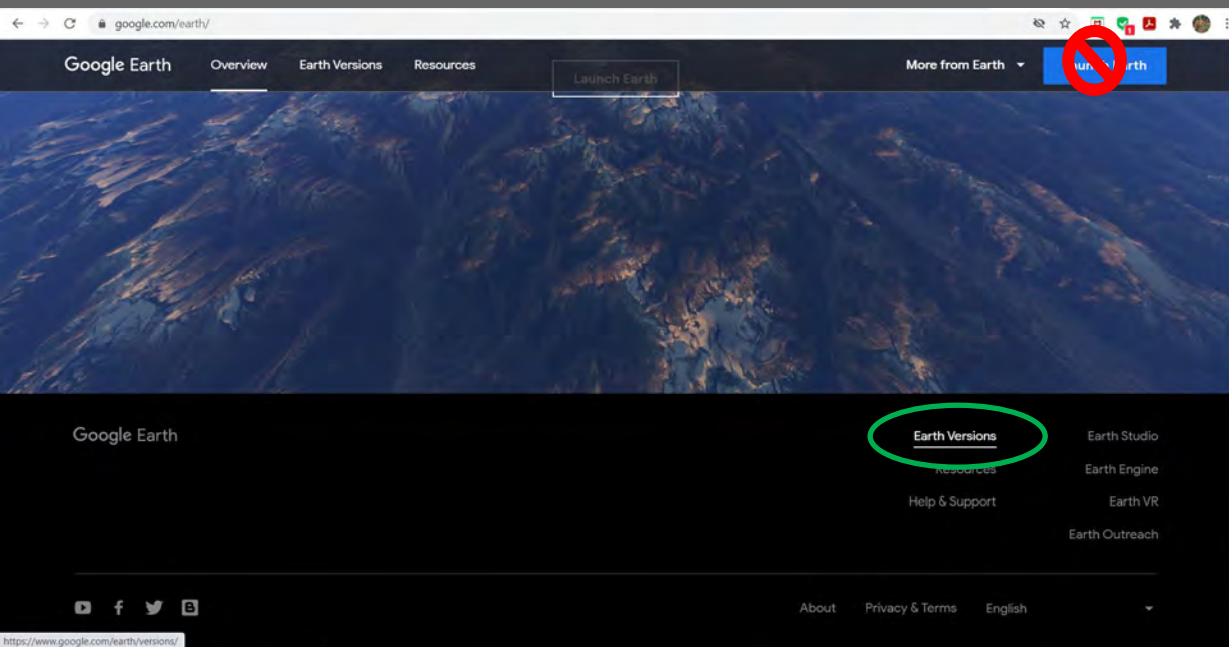
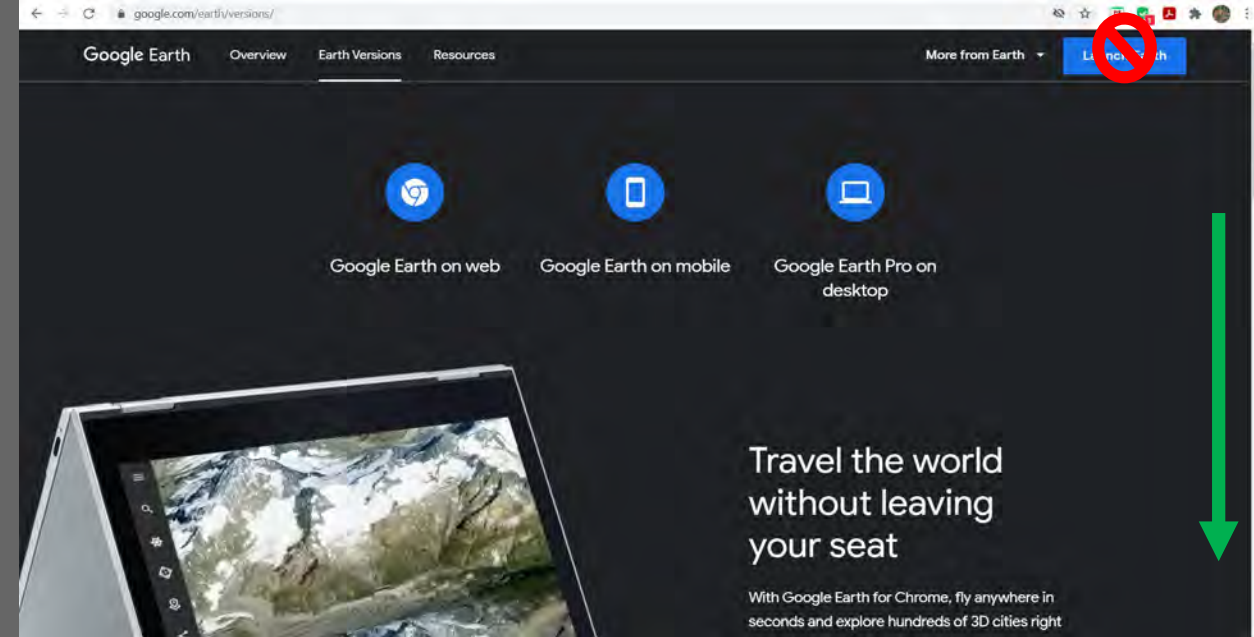
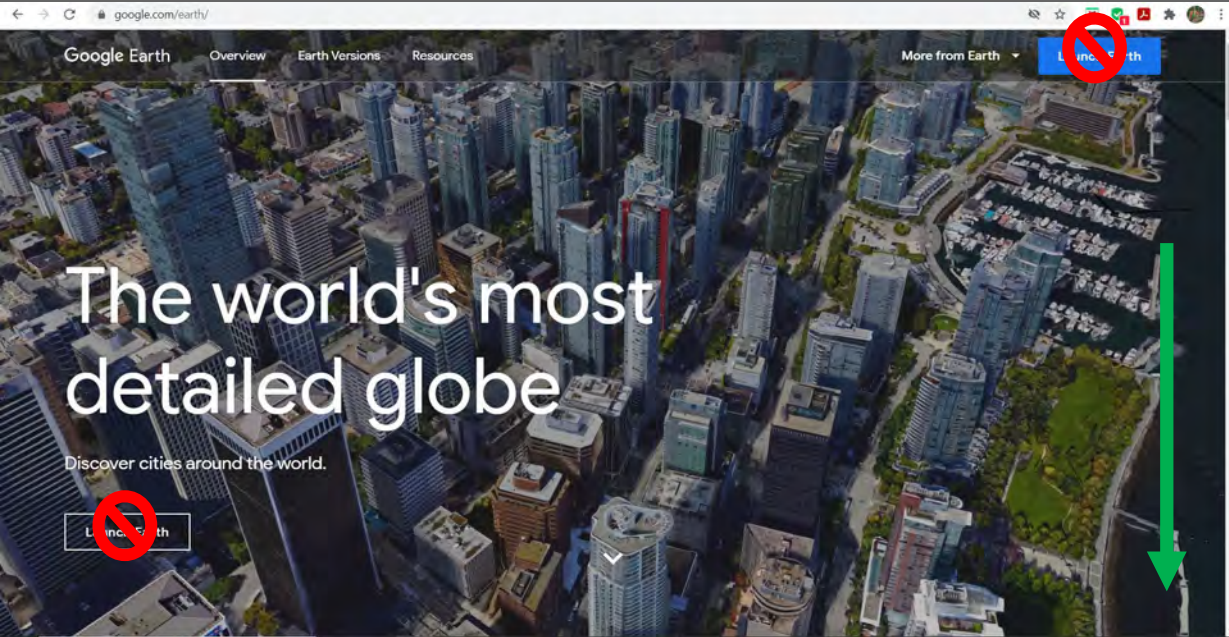
The screenshot shows a Slack workspace interface. The top navigation bar includes a search bar with the text "Search Online IMBA Trail Sch...", a help icon, and a window control bar. The left sidebar displays the workspace name "Online IMBA Tra...", a search bar, and a list of channels: "# course_links" (selected), "# general", "# introductions", "# random", "# trail-links", and a list of weekly plans. Below the channels are "Direct messages" including "Slackbot", "Steve Kasacek (you)", "Brad", "mike", "mike, Richard Edwards", "Richard Edwards", and "Susan Adams".

The main content area shows the "#course_links" channel header with a star icon and "Add a topic". Below the header is a message from "#" stating: "This is the very beginning of the #course_links channel @mike created this channel today. Add description". Action buttons for "Add people" and "Connect an app" are visible. A "Today" separator is present.

The message history includes:

- mike** 3:35 PM: joined #course_links along with 2 others.
- mike** 4:29 PM: Hi all, here's the link to register for our weekly zoom webinar - https://us02web.zoom.us/webinar/register/WN_SeifAxmLRWed8ss2YWWWuPw
- Brad** 4:43 PM: joined #course_links along with Susan Adams.

The bottom of the interface shows a message input field with the placeholder "Send a message to #course_links" and a rich text editor toolbar with icons for bold, italic, link, code, link, list, list, link, and a send button.



▼ Search

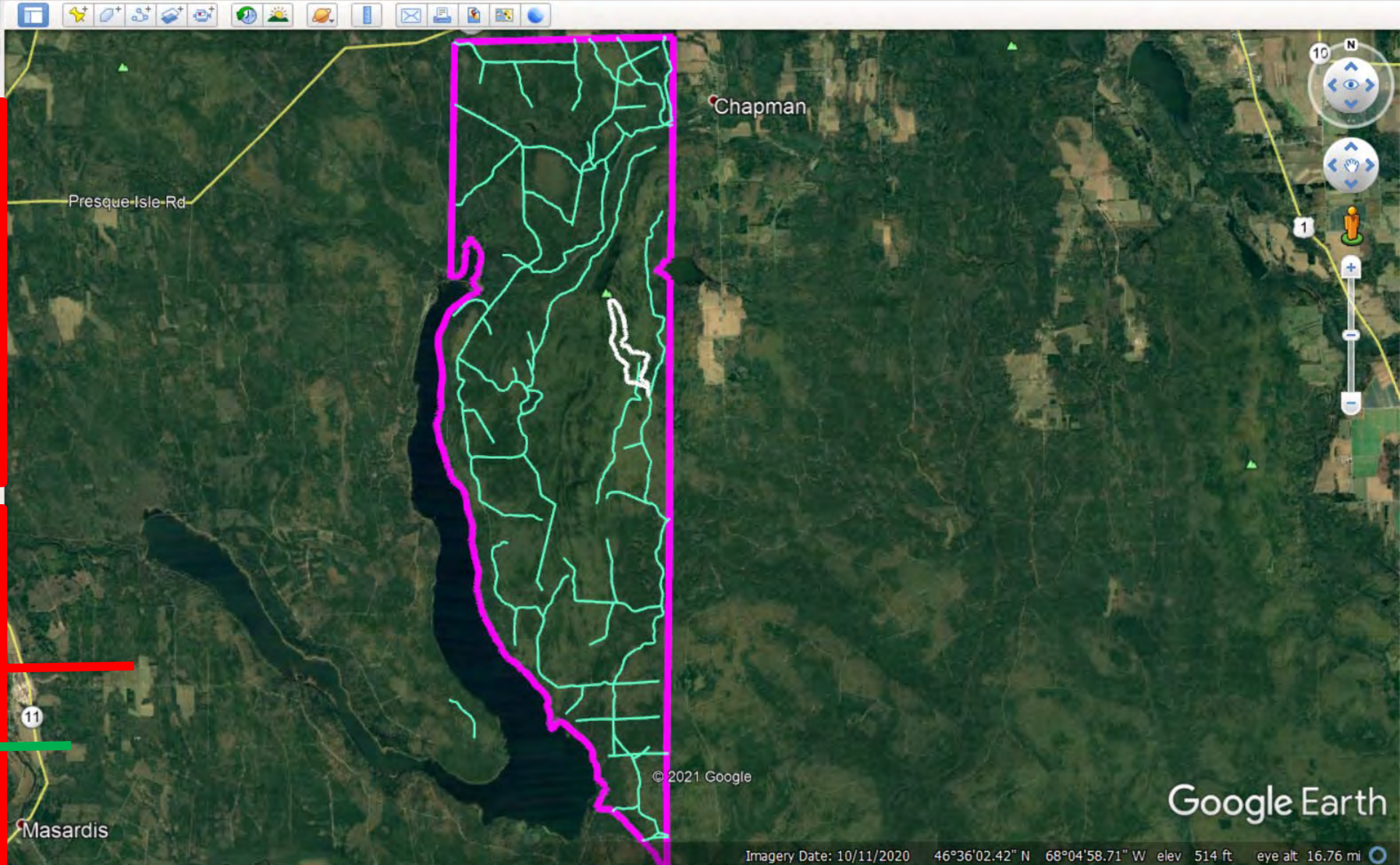
Search

▼ Places

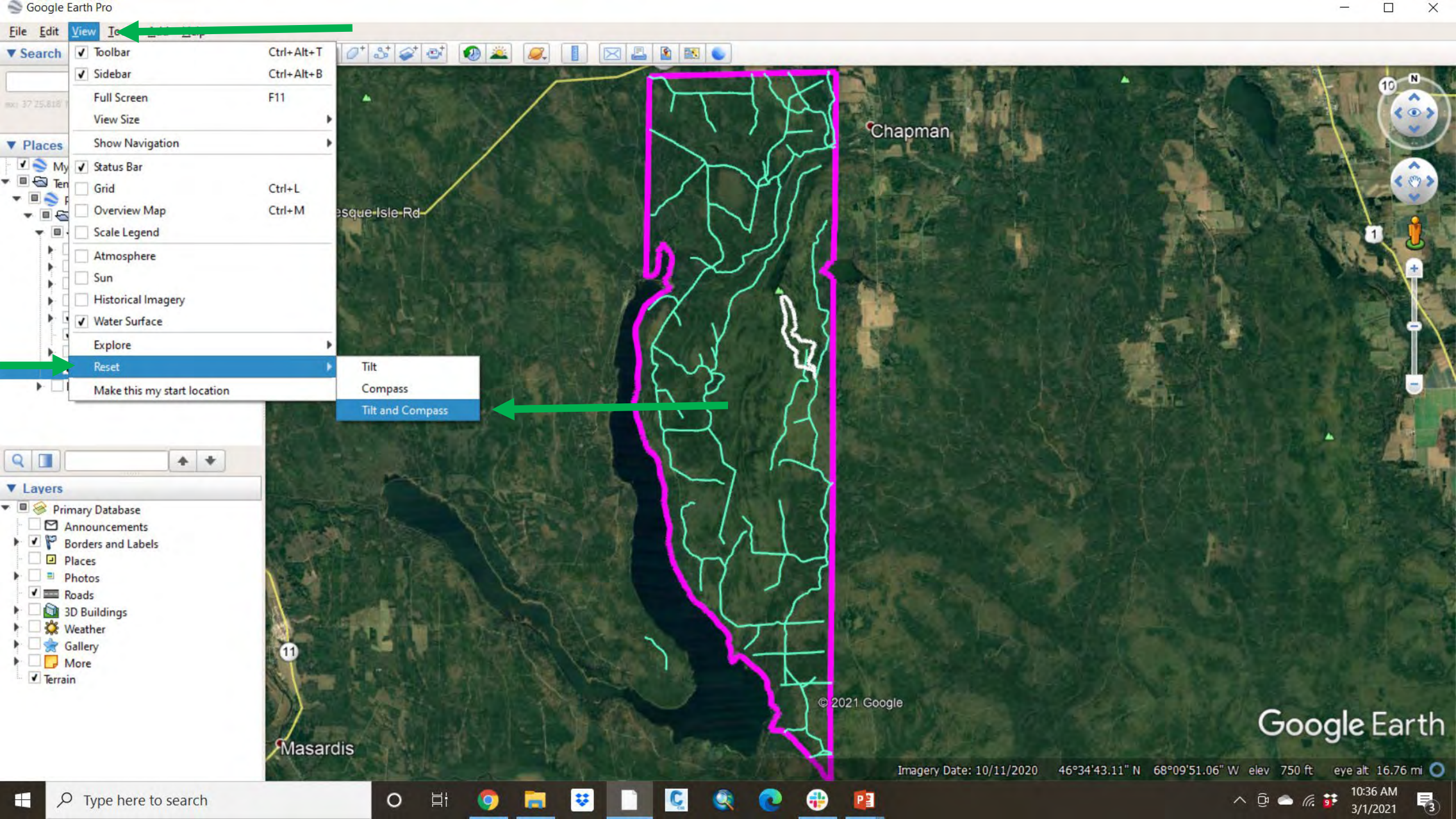
- My Places
- Temporary Places
- Practice.kmz
 - NMTA16_01
 - GIS
 - Qharvest History
 - ATV Trails
 - Snowmobile Trails
 - Unique & Natural Sites
 - Multi-use Roads
 - [Scopan Mountain Trail](#)
 - Contours
 - [Scopan Pubic Reserved Land](#)
 - TS Created

▼ Layers

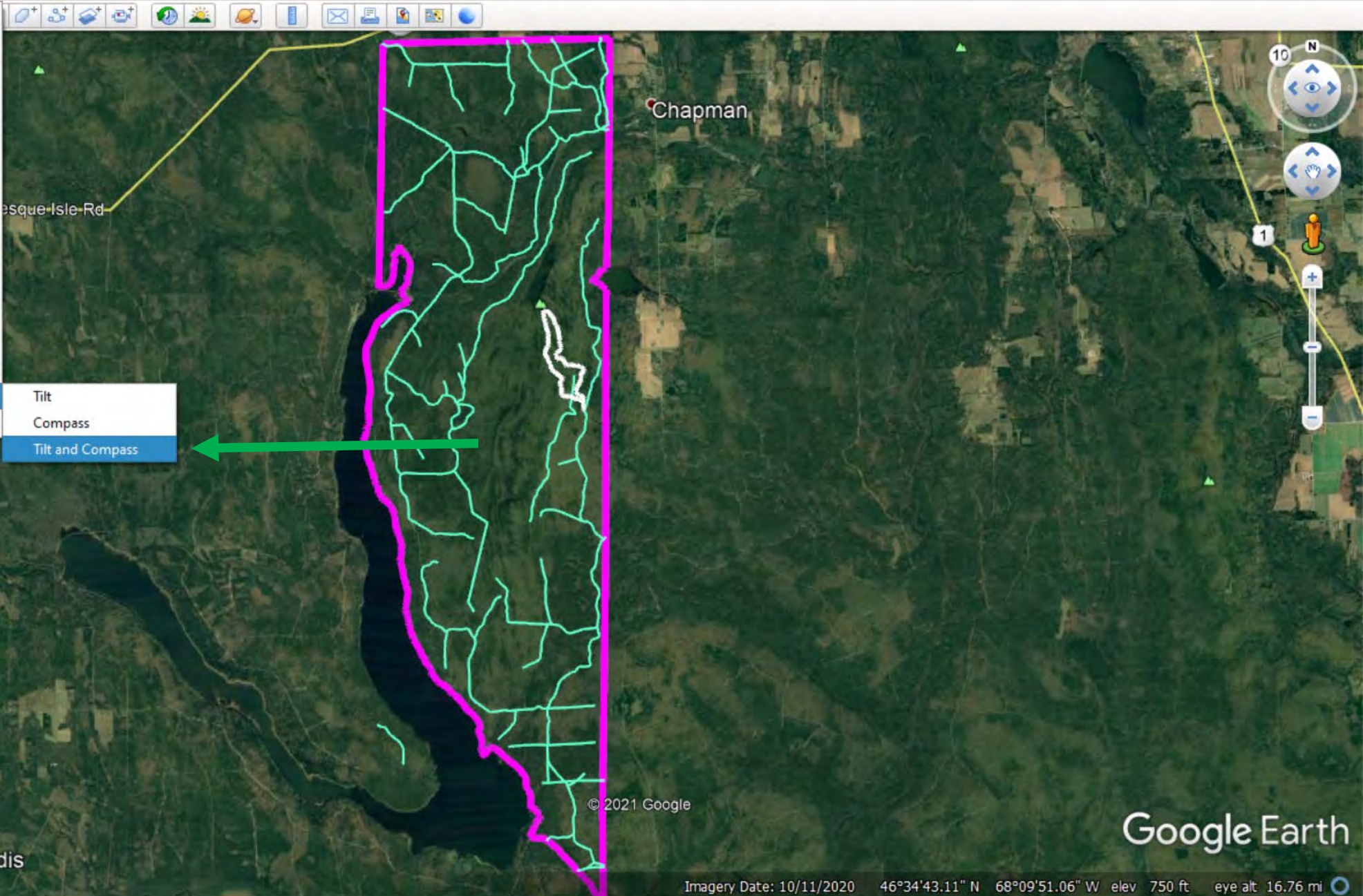
- Primary Database
- Announcements
- Borders and Labels
- Places
- Photos
- Roads
- 3D Buildings
- Weather
- Gallery
- More
- Terrain



Navigation controls including a compass, a hand icon for panning, a person icon for street view, and a vertical zoom slider with a '10' label at the top and a '1' label on the slider.



- Search
- Places
- Layers
- View
 - Toolbar Ctrl+Alt+T
 - Sidebar Ctrl+Alt+B
 - Full Screen F11
 - View Size
 - Show Navigation
 - Status Bar
 - Grid Ctrl+L
 - Overview Map Ctrl+M
 - Scale Legend
 - Atmosphere
 - Sun
 - Historical Imagery
 - Water Surface
 - Explore
 - Reset
 - Make this my start location



Open

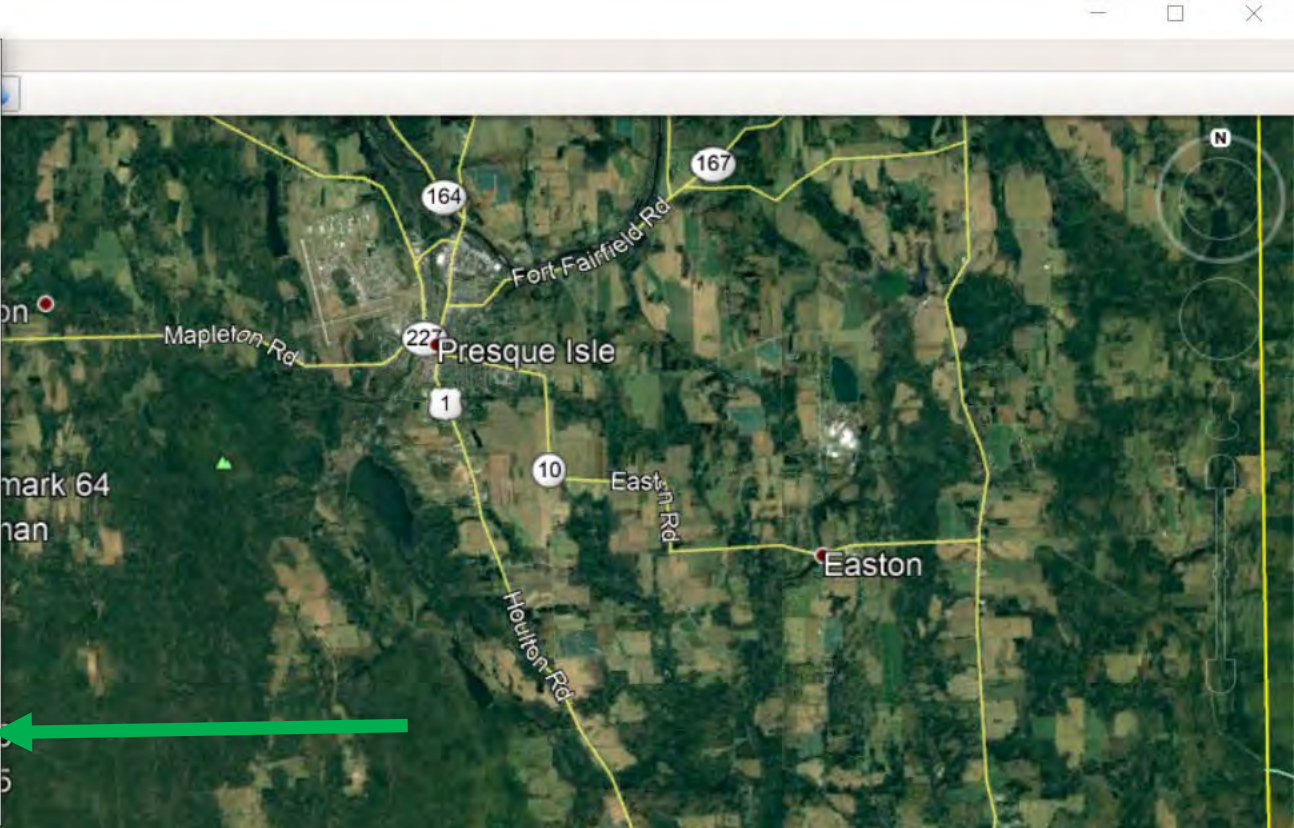
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Organize New folder

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hillshade	1/14/2021 6:18 AM	File folder	
info	1/14/2021 6:18 AM	File folder	
slope	1/14/2021 6:18 AM	File folder	

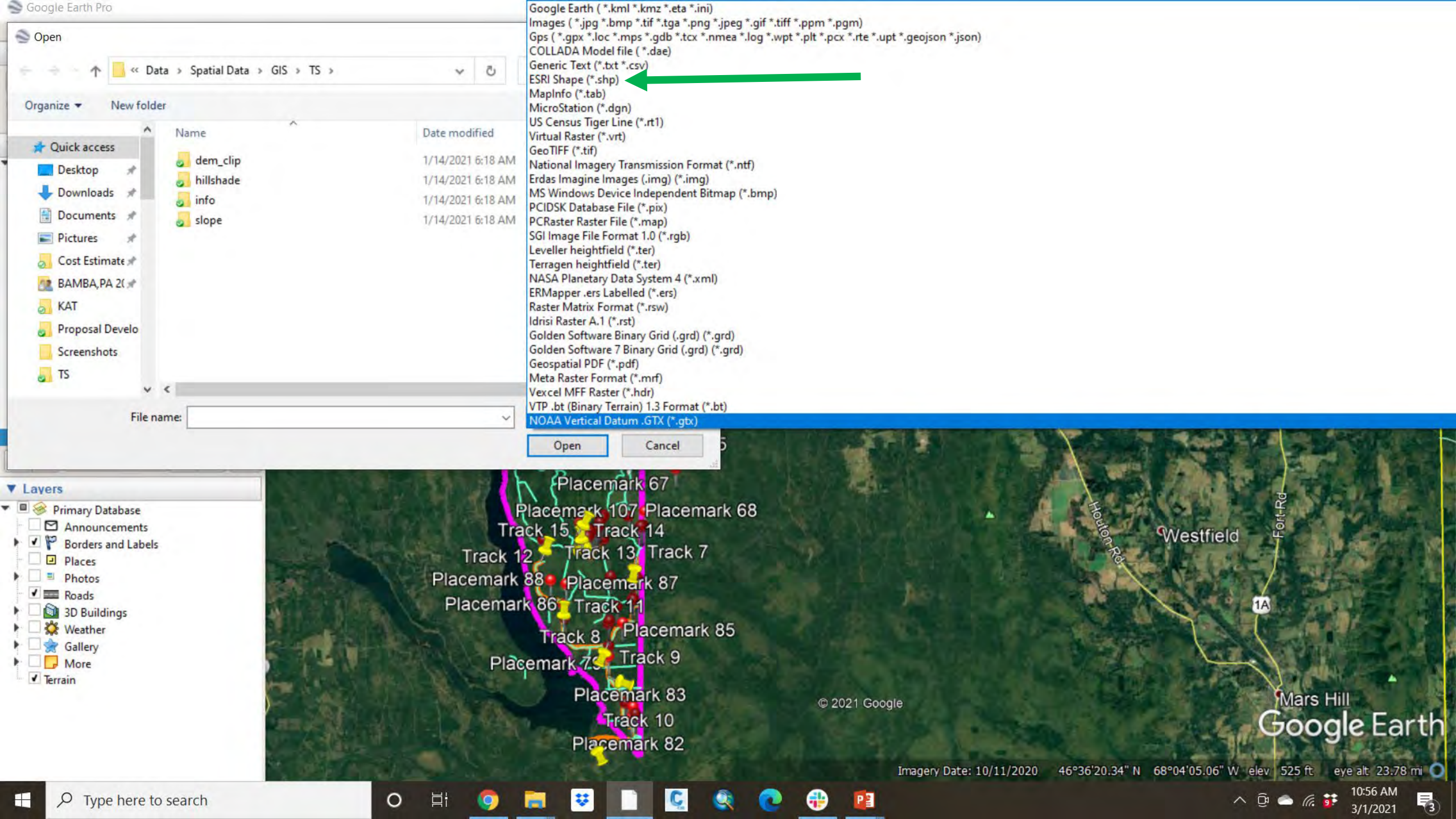
File name: Google Earth (*.kml *.kmz *.etx)

Open Cancel



Layers

- Primary Database
- Announcements
- Borders and Labels
- Places
- Photos
- Roads
- 3D Buildings
- Weather
- Gallery
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- Terrain



▼ Search

Get Directions History

▼ Places

- Temporary Places
 - Practice.kmz
 - NMTA16_01
 - GIS
 - Qharvest History
 - ATV Trails
 - Snowmobile Trails
 - Unique & Natural Sites
 - Multi-use Roads
 - Scopan Mountain Trail
 - Contours
 - Scopan Pubic Reserved Land
 - TS Created
 - 170613.kmz
 - 170614.kmz
 - 170615.kmz
 - 170616.kmz

▼ Layers

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6/13/2017 10:26 pm 6/14/2017 10:57 am 6/13/2017 6/16/2017

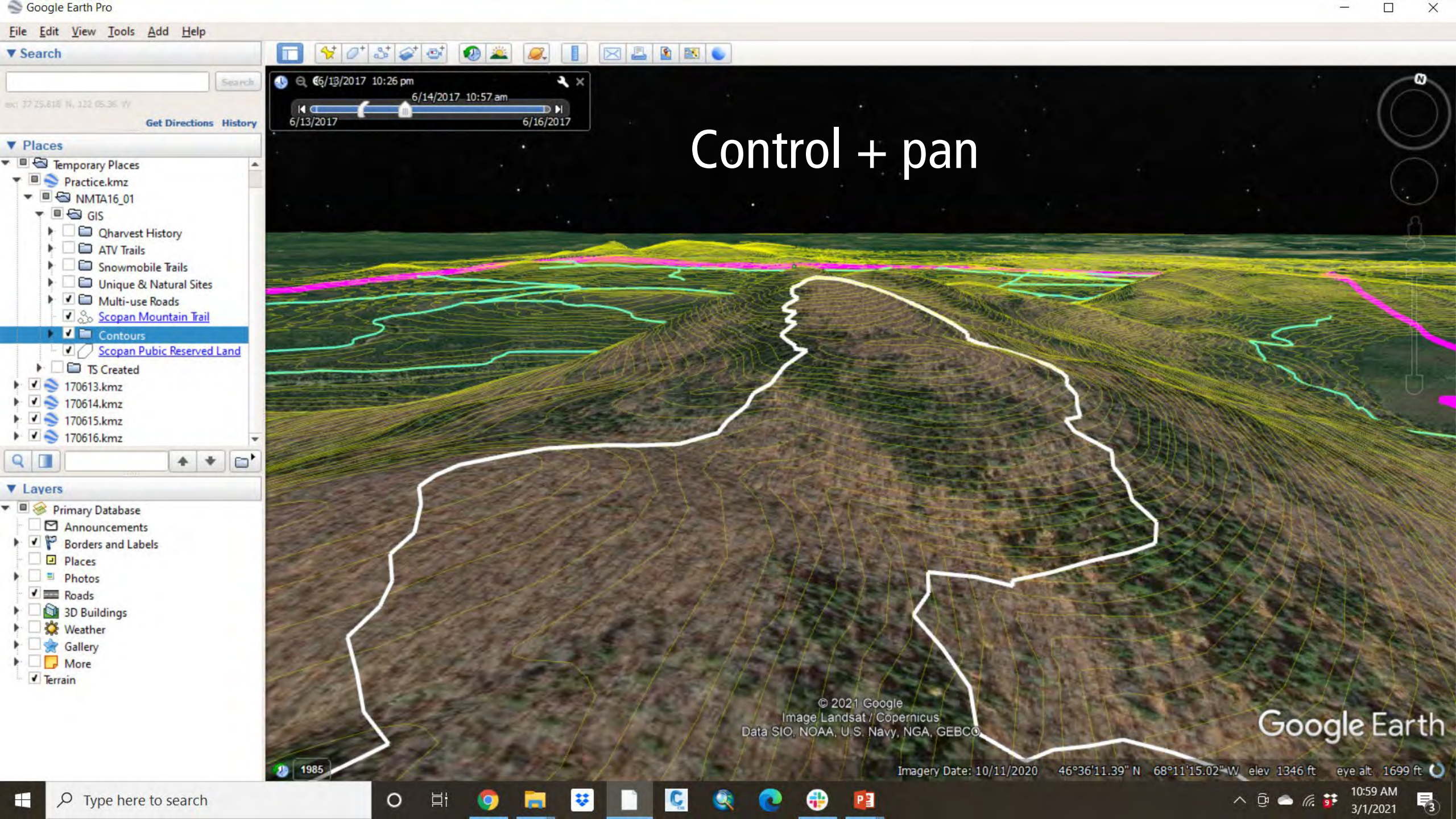


Control + scroll

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Google Earth

Imagery Date: 10/11/2020 46°30'55.31" N 68°14'24.47" W elev 640 ft eye alt 24.41 mi



Control + pan

- Temporary Places
- Practice.kmz
- NMTA16_01
 - GIS
 - Qharvest History
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6/13/2017 10:26 pm

6/14/2017 10:57 am

6/13/2017 6/16/2017

Google Earth - Edit Polygon

Name:

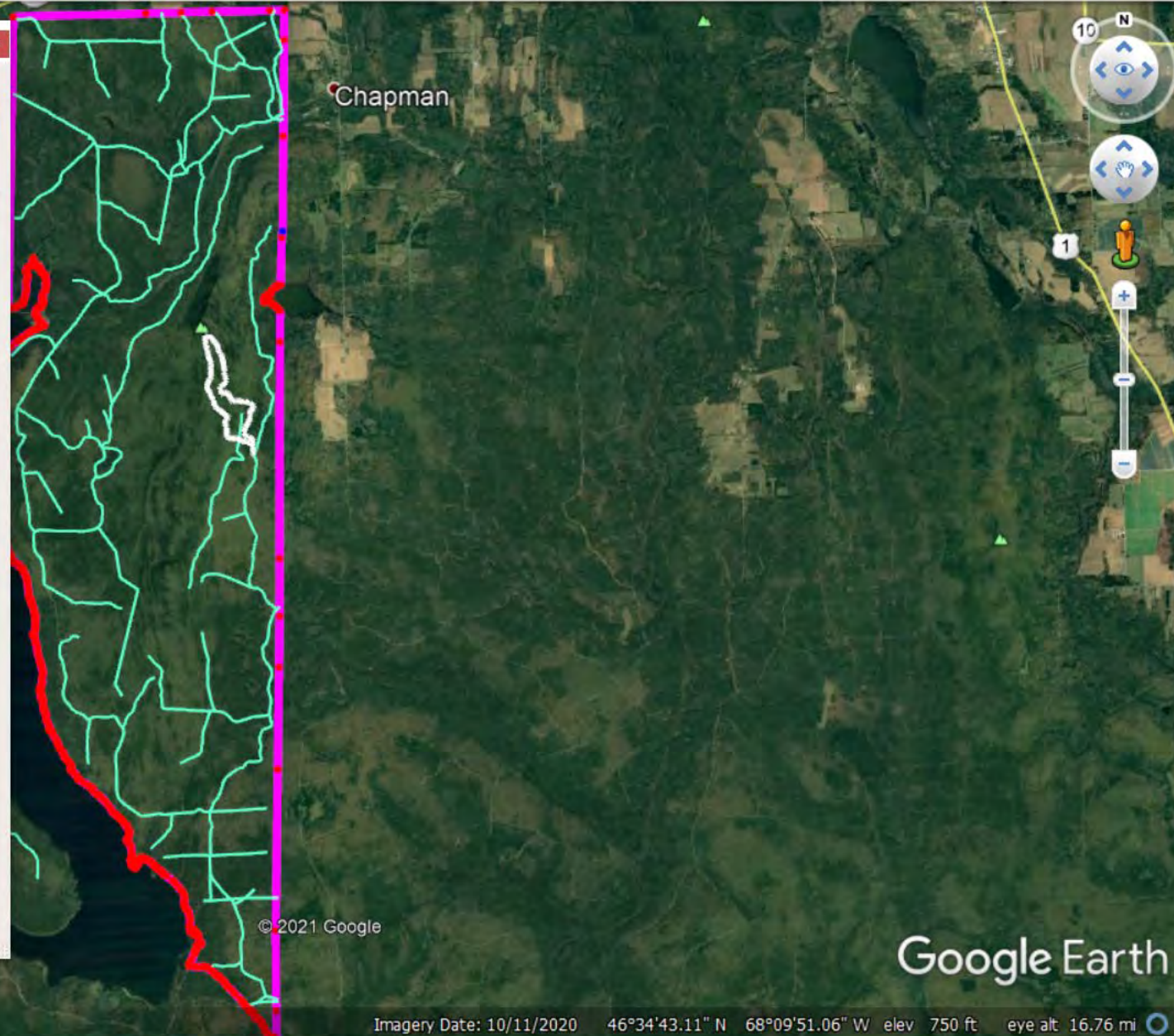
Description Style, Color **←** Attributes Measurements

Lines
Color: Width: Opacity: **←**

Area
Color: Outlined Opacity: **←**

Random

OK Cancel



Google Earth - New Path

Name:

Description Style, Color View Altitude Measurements

Altitude: Ground Space Extend path to ground

OK Cancel



Chapman

Masardis



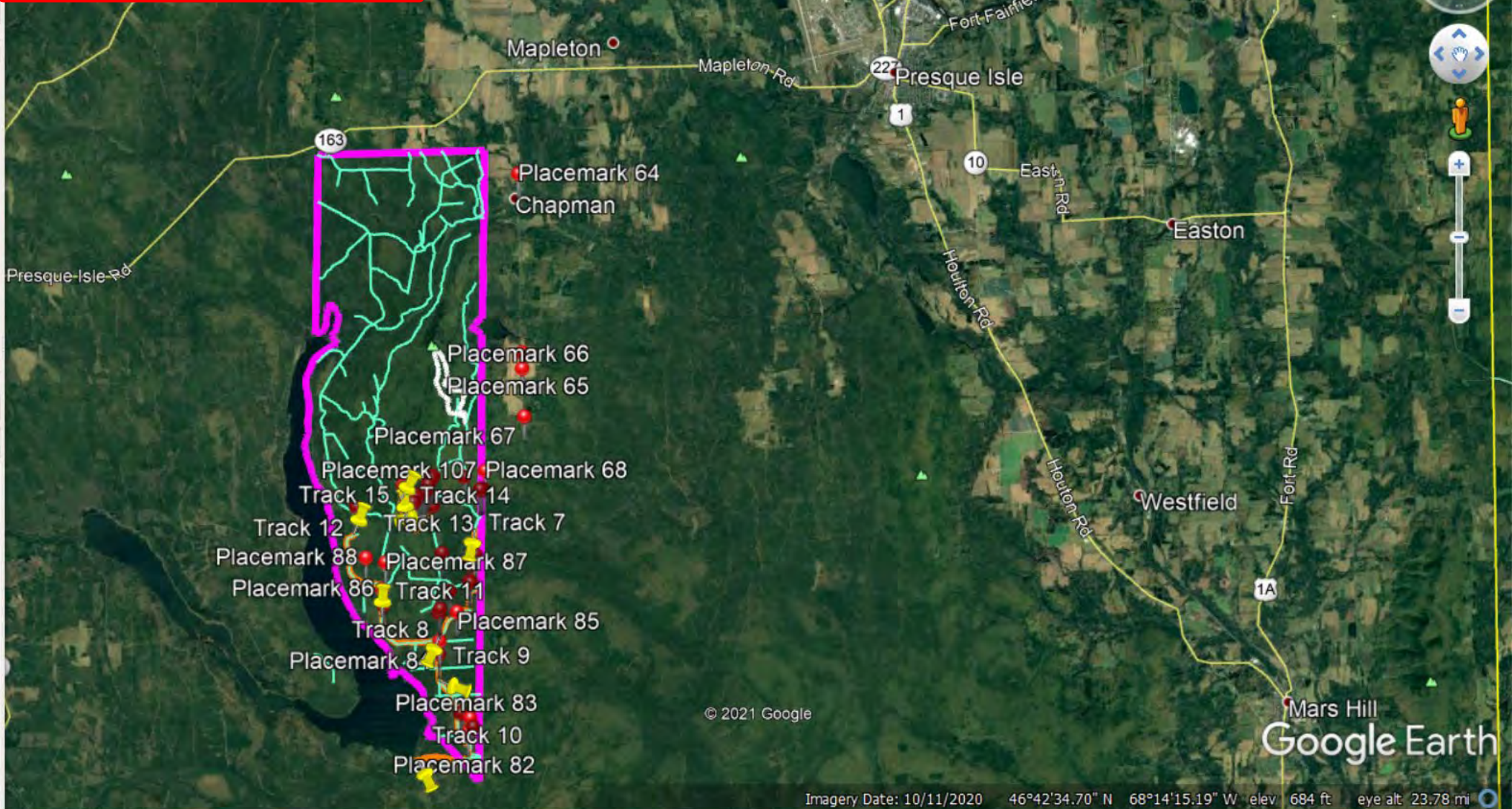
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Google Earth

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 - TS Created
 - 170613.kmz
 - 170614.kmz
 - 170615.kmz
 - 170616.kmz

- Primary Database
- Announcements
- Borders and Labels
- Places
- Photos
- Roads
- 3D Buildings
- Weather
- Gallery
- More
- Terrain

Timeline interface showing a date range from 6/13/2017 to 6/16/2017. A red box highlights the timeline controls, including a play button, a seek bar, and a close button. The current time is 6/14/2017 10:57 am.



▼ Search

Search

Get Directions History

▼ Places

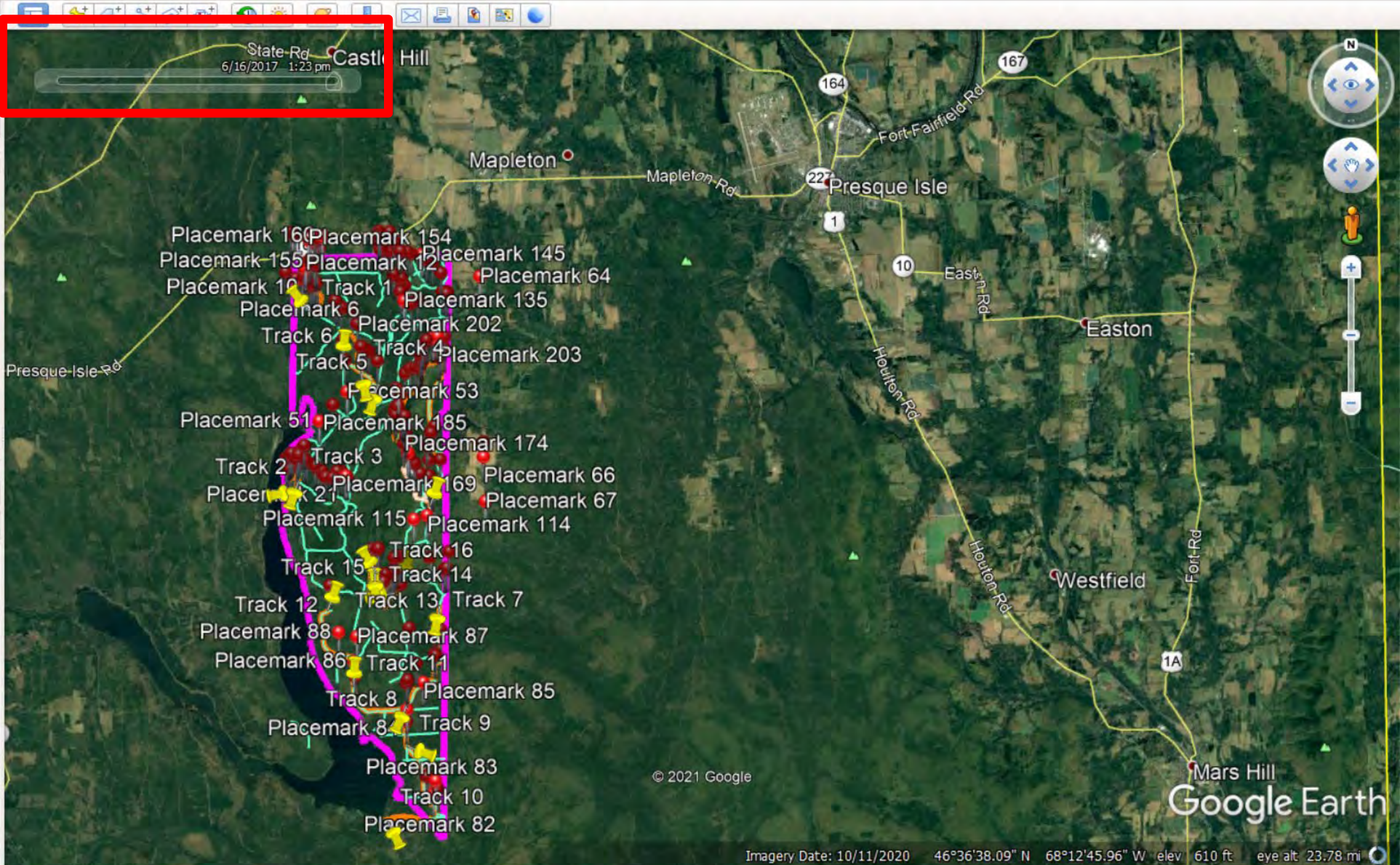
Temporary Places

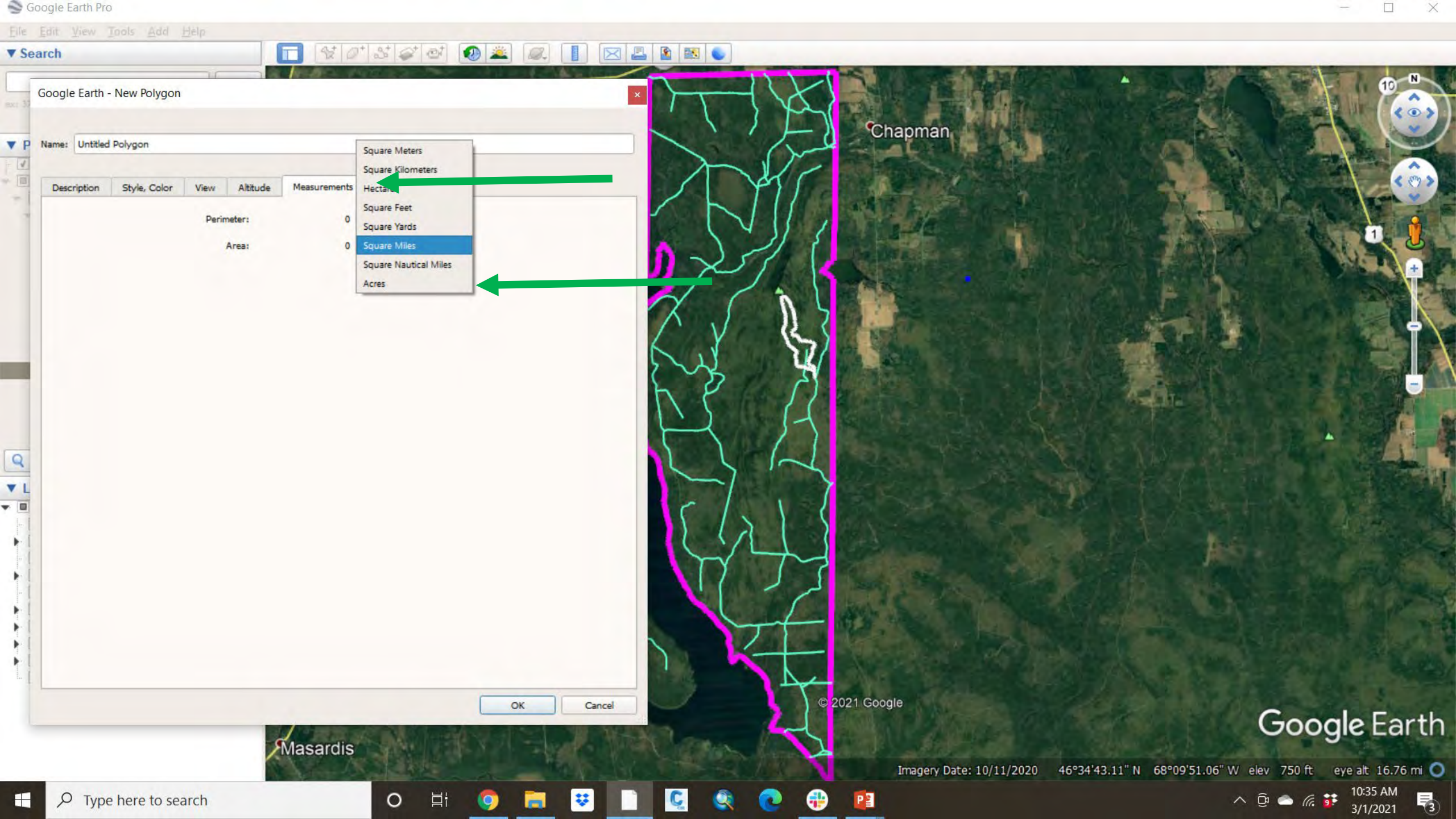
- Practice.kmz
- NMTA16_01
 - GIS
 - Qharvest History
 - ATV Trails
 - Snowmobile Trails
 - Unique & Natural Sites
 - Multi-use Roads
 - Scopan Mountain Trail
 - Contours
 - Scopan Pubic Reserved Land
 - TS Created
 - 170613.kmz
 - 170614.kmz
 - 170615.kmz
 - 170616.kmz

▼ Layers

Primary Database

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Google Earth - New Polygon

Name: Untitled Polygon

Description Style, Color View Altitude Measurements

Perimeter: 0

Area: 0

- Square Meters
- Square Kilometers
- Hectares
- Square Feet
- Square Yards
- Square Miles
- Square Nautical Miles
- Acres

Chapman

Masardis

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Google Earth

Imagery Date: 10/11/2020 46°34'43.11" N 68°09'51.06" W elev 750 ft eye alt 16.76 mi

Type here to search

10:35 AM 3/1/2021



Google Earth - New Path

Name: Untitled Path

Description Style, Color View Altitude Measurements

Length: 7.51 Miles



OK Cancel



Chapman



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Google Earth

Masardis

Imagery Date: 10/11/2020 46°36'21.17" N 68°01'38.03" W elev 754 ft eye alt 16.76 mi



Google Earth - New Polygon

Name: Untitled Polygon

Description Style, Color View Altitude Measurements

Perimeter: 71,310 Feet
Area: 6,957 Acres



Chapman

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Google Earth

46°37'20.24" N 68°02'23.69" W elev 647 ft eye alt 16.76 mi



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